

FRED FINCH YOUTH & FAMILY SERVICES  
Rising Oaks Apartments

For more information, call (510) 482-2244 or  
visit [www.fredfinch.org/rising-oaks-housing](http://www.fredfinch.org/rising-oaks-housing)



Fred Finch Youth & Family Services is a leading mental health agency that delivers services across systems of care. Our mission is to provide innovative, effective services supporting children, youth, young adults, and families to heal from trauma and lead healthier, productive lives.

At Fred Finch, we welcome and invite people from all backgrounds to address life challenges in a safe and compassionate environment. We commit ourselves to working together with participants to navigate complex challenges that may include traumatic experience, mental health concerns, drug and alcohol use, or other disabilities. We provide innovative, effective services to support participants and their families to reach their goals.



# Rising Oaks



Rising Oaks is a 30-unit transitional housing program which helps young adults launch successfully into their adult lives. Rising Oaks serves low-income former foster youth and non-minor dependents who are at homeless or at risk of homelessness and often have special needs. Rising Oaks offers both studio apartments and on-site supportive services.

## OVERVIEW

Rising Oaks is a transitional housing program for young adults who have either emancipated from the foster care system or are participating in extended foster care. Along with 30 studio apartments set in a safe and welcoming community, Rising Oaks staff provides a comprehensive range of services on-site in collaboration with Alameda County Social Services Agency. Rising Oaks works in partnership with youth to identify and build upon their strengths and to lay the foundation from which they can launch successfully into their adult lives.

The goal of Rising Oaks is to prepare its tenants to transition effectively into adulthood, including obtaining permanent housing after leaving Rising Oaks, gaining at least part-time employment, a high school diploma, or GED (if they haven't already), and developing and making progress with their personal plans.

The maximum occupancy period for tenants is 24 months. For the first six months following exit from the program, former residents are eligible for and encouraged to continue receiving supportive services from their Clinical Case Manager to maximize their chances of remaining in stable housing.

Rising Oaks' staffing is comprised of a Clinical Manager, a live in Night Counselor, an on-site Property Manager, Clinical Case Managers, Residential Counselors, Specialist Counselor, and Peer Mentor.

## REFERRALS

For consideration for Rising Oaks Housing, youth must be:

- Eligible for THP-Plus or NMD Placements
- Homeless
- Between 18 and 23 at time of entry
- Low-income
- Mentally or physically disabled, recovering from physical abuse, recovering from substance abuse, or AIDS- or HIV-positive

Please contact **Carolina Soza, Housing Program Manager** at [carolinasoza@fredfinch.org](mailto:carolinasoza@fredfinch.org) or **Ashley Jerez, Property Manager** at [ashleyjerez@fredfinch.org](mailto:ashleyjerez@fredfinch.org) to make a referral, apply, and for more information about the eligibility guidelines.

## SERVICES

In collaboration with Alameda County Social Services Agency, Rising Oaks provides:

- Case Management
- Career development
- Life skills training, including money management
- Individual and family therapy
- Health and wellness services
- Support Groups
- Educational support
- Housing and transportation assistance
- Access to community resources

Each month, staff plans a calendar of activities and encourages all Rising Oaks tenants to participate. These offerings include trips to the grocery store, parenting support, individual tutoring, employment skills, and support to have healthy relationships. Staff provides all services with a trauma-informed, culturally responsive, and developmentally appropriate perspective.

## PHILOSOPHY

Rising Oaks draws on the philosophy and techniques associated with the evidence-informed practices of the Transitions to Independence Process (TIP) system. The program promotes “wellness and discovery” for transition age youth (TAY) needing to learn or maintain healthy lifestyles and discover their identities as members of society. By teaching TAY necessary life skills and promoting physical and mental health, the program aims to prepare them to develop healthy relationships and have the income and skills necessary to live as self-sufficient adults.