

Therapeutic Behavioral Services (TBS)

Individualized Behavioral Support for Children and Youth

Therapeutic Behavioral Services (TBS), an individualized, one-to-one behavioral intervention that supplements existing mental health services. TBS helps children and youth develop skills to reduce, manage, and replace challenging behaviors, supporting greater success and independence at home and in the community.

Our behavioral coaches work closely with participants, caregivers, therapists, and other members of the support team to develop and implement individualized behavioral interventions.

Philosophy

We believe children and youth can learn to manage challenging behaviors and build skills that support success at home and in the community.

Through compassionate, individualized behavioral support and collaboration with families and care teams, we help participants work toward greater stability, independence, and lasting progress.

Services

TBS behavior coaches work intensively with participants in their homes and community settings. Services are tailored to each participant's needs and may include:

- Individualized behavioral assessments and intervention plans.
- One-to-one coaching, modeling, and teaching of positive behavioral strategies.
- Skills development to reduce challenging behaviors and strengthen appropriate alternative behaviors.
- Collaboration and coordination with primary mental health providers and other members of the treatment team.
- Caregiver involvement, education, and support to reinforce progress.
- Transition planning to help participants and caregivers sustain improvements after services conclude.

The program requests authorization for up to 20 hours of services per week, based on individual needs.

Eligibility

TBS is available to children and youth under age 21 who:

- Experience serious emotional or behavioral challenges.
- Are eligible for full-scope Medi-Cal benefits.
- Live in or within a 90-mile radius of Alameda County, or in the San Mateo County service area.

Contact & Referrals

For more information or to initiate a referral for TBS Alameda & San Mateo Counties ,please contact: Program Director, **Jennifer Jimenez Wong** 📞 650-537-2328 or : **jenniferjimenez@fredfinch.org**

Learn more: **fredfinch.org/therapeutic-behavioral-services or scan QR code below**

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