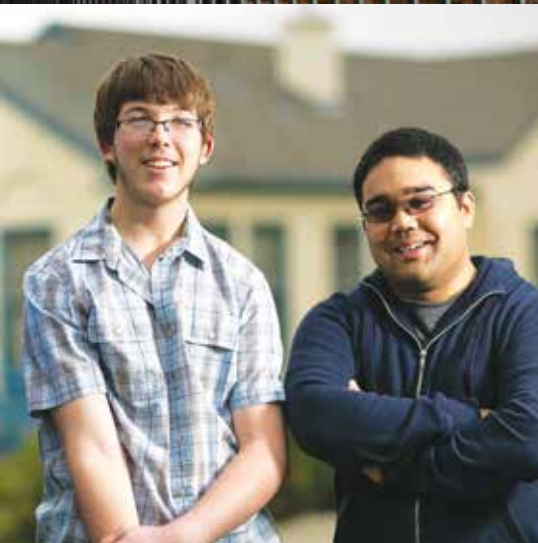


“

Growth is never by mere chance; it is the result of forces working together.”

JAMES CASH PENNEY



growth



HELPING CHILDREN AND FAMILIES
FOR OVER A CENTURY

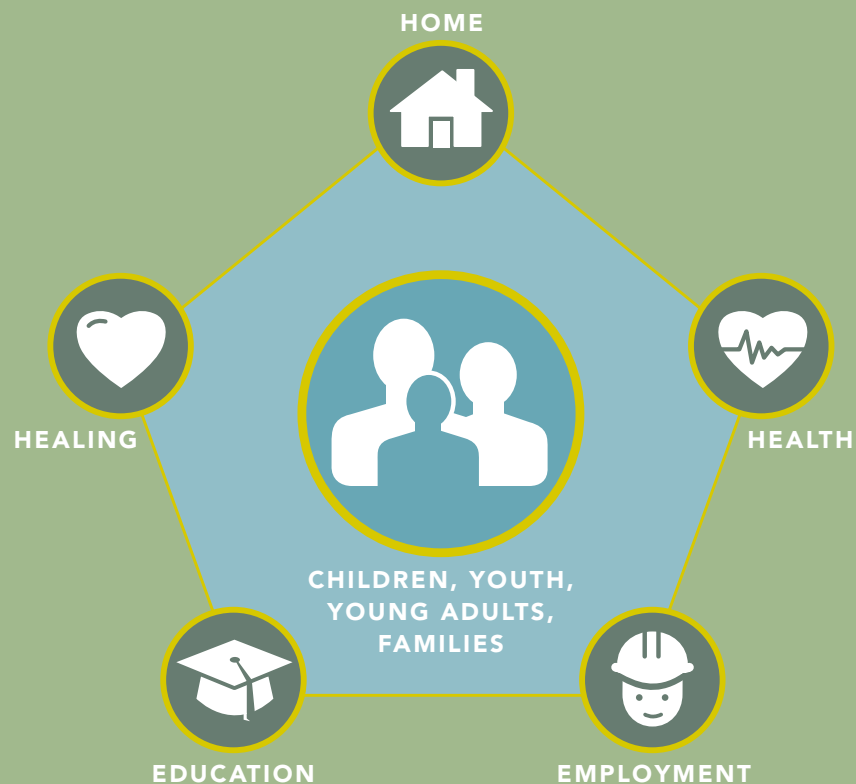
2014 ANNUAL REPORT

mission

Fred Finch Youth Center seeks to provide innovative, effective services supporting children, youth, young adults, and families to heal from trauma and lead healthier, productive lives.



President & CEO Tom Alexander



2014: A year of growth

Dear Friends of Fred Finch Youth Center,

On behalf of everyone at Fred Finch, we are pleased to present our 2014 Annual Report. As we begin our 124th year, Fred Finch Youth Center (FFYC) continues to provide the specialized, high-impact services that help California's most vulnerable children, youth, young adults, and families recover from trauma and lead healthy, productive lives. The importance of our work is evident in the stories of those we serve—from the young adult who, after a lifetime of living in "other people's houses" finally has a place she can call home, to the mother whose fear turned to trust as Fred Finch staff listened, understood, and strategized to help her family discover their "new normal." Our belief that these participants, and the thousands like them, deserve to fulfill their potential for health and happiness has inspired more than a century of work and will continue to guide our growth for years to come.

This year's Annual Report theme of *Growth* is an important one here at FFYC. Defined by Webster's as "something that has developed, as if by a natural process," *Growth* is a constant in the lives of productive individuals, families, and organizations. When our participants partner with FFYC staff to develop their own community supports, and to face head-on the challenging issues of poverty, violence, substance abuse, mental and physical illness, *Growth* is what allows them to create a pathway to a better life. When FFYC is faced with seemingly endless and insurmountable community needs, *Growth* is what allows for continued innovation, creativity, and the willingness to do whatever it takes to ensure that the most vulnerable among us find an open door.

FFYC's commitment to growth led to the successful 2014 launch of the Rising Harte Wellness Center, where middle schoolers and young adults can access primary health and dental care, audiology services, and behavioral health treatment in a single, accessible location. In addition, we continue to lead the community in the development of safe and secure housing alternatives for youth and young adults facing the threat of homelessness. A critical first step in the growth of these young people, housing provides the fertile soil in which to sow the seeds of positive change. Once basic housing needs are met, participants can turn their attention to FFYC's array of innovative education and employment services. One such program—Individualized Placement Support (IPS)—is designed to help participants secure and maintain competitive employment by strengthening the participants' job skills and partnering with the community to develop a pipeline of immediately available employment opportunities. With safe housing and the promise of continued education and employment, our participants are able to grow and flourish with the hope of a brighter future.

For nearly 125 years, Fred Finch Youth Center has served some of California's most vulnerable children, youth, and families. Through more than a century of change, the commitment of people like you has encouraged and supported continuous innovation and growth, and this support has never been more critical than it is today. Facing a rapidly changing healthcare system and the ever-increasing needs of young people grappling with a complex and often frightening world, all of us at FFYC are truly grateful for your steadfast presence amidst seemingly constant change. As we approach our 125th anniversary, we look forward to our continued partnership, our shared commitment to the FFYC mission, and to the growth we will achieve—together.

David McGrew,
Chair, FFYC Board of Directors

Tom Alexander,
President and CEO



growth

Rising Oaks

Though Rising Oaks is less than two years old, it is difficult to imagine a time before it was an essential part of Fred Finch's thriving Oakland campus. The grounds, anchored by a stately stone pine tree, emit a tranquil atmosphere as benches, a collection of children's toys, and a walking path encourage community among the 30 former foster youth who call Rising Oaks home. Many of these youth spent their childhood in multiple foster homes and experienced periods of homelessness. For them, the simplest things—a place to call their own, familiar surroundings, a friendly "hello" from a neighbor—can never be taken for granted.

"At Rising Oaks we seek to help our participants develop the skills necessary to live on their own, as self-sufficient, thriving adults."

SENIOR DIRECTOR
KELLIE KNOX

A Place to Call Home

Since opening in May 2013, Rising Oaks has truly become "home." Beyond a front door and a mailbox, Rising Oaks provides the safe, supportive, welcoming community necessary to help these young people cross the threshold into independent adulthood. Fred Finch staff—including licensed therapists, counselors, and peer mentors—provide an array of supports including community-building activities, money management education, and help with those basic life skills so important for young people on their own for the first time. Those residents who are parents themselves receive support with the challenges of child-rearing, both from staff and from one another, giving them the skills they need to supportively raise their children, and to provide the advantages they themselves did not have.

Rising to the Challenge

During their 24 months in the program, Rising Oaks residents work, attend school or vocational training, and—with the help of a therapist and other staff—develop the social, psychological, and financial resources they need to thrive as self-sufficient adults. A key area of growth for most participants is learning to live in community with others. Often deprived of stable relationships growing up, these young people have learned to go it alone. Part of becoming independent is learning to create a support network with whom to share triumphs and challenges. For Rising Oaks participants who struggle to trust others, living in community is important, as it teaches critical conflict resolution skills and the importance of treating others with respect. With these skills in place, these young adults can begin building a support network that will sustain them long after they leave their Fred Finch home.

Rising Oaks continues to grow, celebrating its second year since opening in May 2013.



Rising Harte Wellness Center

A highlight of 2014 was the grand opening of the Rising Harte Wellness Center (RHWC). Located on Fred Finch's Oakland campus, adjacent to Bret Harte Middle School (BHMS), RHWC is the result of a collaboration between Fred Finch, Alameda County Social Services, the Center for Healthy Schools and Communities, Oakland Unified School District, Alameda County Behavioral Health, and Native American Health Center, Inc. Working together, these organizations developed a clinic unique to the area—a comprehensive system of care providing services to some of the most traditionally underserved members of our community.

Healthy and Happy

A school-linked health center, RHWC enables youth to develop lifelong healthy-living habits, improve school attendance and performance, and increase levels of employment and housing stability. Providing medical, dental, and behavioral health care in a warm and welcoming clinic setting lays the foundation for healthier and happier youth, families, and communities. Partnering with groups in the community, the clinic supports events like the health education production "Nightmare on Puberty Street" produced and performed by Kaiser Permanente.

Access for All

Since its October 2014 opening, RHWC has served 171 middle school students and transition age youth (ages 16 – 24), the majority of whom are former foster youth. A percentage of these participants face the negative mental and physical health effects of poverty, unstable housing, incomplete basic education, and adverse childhood experiences such as exposure to abuse, neglect, or community violence. Research shows that these youth are at a disproportionately higher risk for chronic adult illness and decreased life expectancy—yet their basic health needs often remain unmet. Almost 50% of BHMS students and 87% of transition age youth report experiencing barriers to accessing adequate, affordable, and competent health care.

Co-located within the RHWC is the Center for Early Intervention on Deafness (CEID), a satellite audiology clinic providing hearing health care services including hearing screenings and diagnostic evaluations for both children and adults.

"We hope to build a community committed to fulfilling the basic needs of its most vulnerable youth—providing the tools, resources, and quality care they not only require, but deserve."

**PRESIDENT AND CEO
TOM ALEXANDER**



A Rising Oaks resident (above) visits the Rising Harte Wellness Center (left) for a check-up.

Fred Finch San Diego

The Non-Public School's Talented Café

San Diego's Non-Public School (NPS) has great taste! Last May, a joint venture between students and staff resulted in the opening of Talented Café, a place for staff to enjoy a treat during their busy day. A way to provide work experience, education, and vocational skills to NPS students, the café teaches aspects of business management and marketing as well as those skills specific to customer service and the food industry. Prior to the Café's opening, the students had to complete an actual interview for his/her desired position at the Café—an essential skill that will serve them well into adulthood. They also conducted market

research, surveying potential customers about the types of menu items they preferred. With help from staff, participants created a budget, shopping list, and a menu, then shopped for all necessary items to launch the business. To advertise, students handed out menus, created flyers, and hung posters announcing the Café's grand opening. It was a smashing success!

Skills to Last a Lifetime

Vocational programs such as Talented Café are essential for students like 18-year-old Naomi, who came to the Non-Public School two years ago following multiple educational placements that failed to meet her needs. It was here that Naomi began her transition from a sometimes defiant teenager into a respectful, caring young woman. Naomi played an integral role in the development of Talented Café, designing the menus, flyers, posters, and t-shirts. As the Café's cashier and order taker, Naomi is the first face Café customers see and her commitment to customer service always brings a smile to her hungry patrons. In January, Naomi's hard work paid off as she became a high school graduate and transitioned to an adult vocational training program with the goal of working in food service full-time.



San Diego's Non-Public School (NPS) serves students with intellectual disabilities.

JAMES' STORY

Adopted as a young boy after a history of physical, emotional, and sexual abuse by his birth parents, 16-year-old "James" was referred to Fred Finch by the Regional Center due to troubling behaviors that included aggression and harming himself. Unable to express his emotions, he was often overwhelmed, resulting in "tantrums" that included overturning tables, ripping up books, and deliberately breaking his glasses. Most concerning though, was his inappropriate sexual behavior that resulted in problems both at home and at school.

The Fred Finch Wraparound Team focused their work on decreasing James' harmful behaviors and increasing his coping skills. Interventions included talking to James about sexual safety and helping his parents set up systems in the home that would help him succeed. In addition to helping James behave more appropriately, James' foster parents quickly learned ways to help him calm down when he was upset. As a result, James began to express himself verbally rather than acting out, resulting in a significant decrease in his self-injuring and aggressive behavior. He learned positive ways of interacting with others and has not engaged in inappropriate sexual behavior in more than two years.

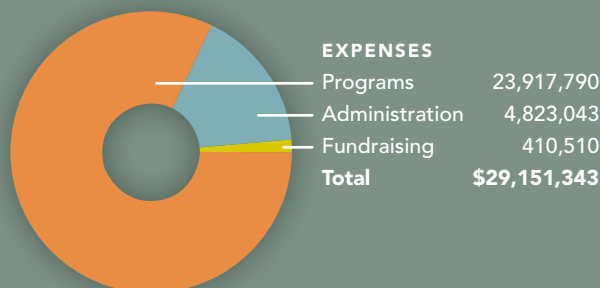
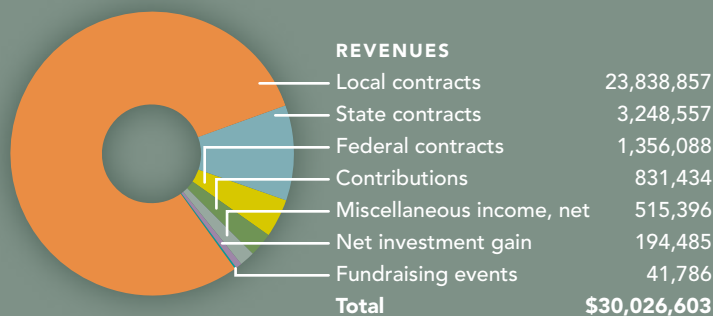
These gains have improved his relationship with his family members and peer group and, as a result, he is able to attend an employment program where he works at three different job sites. Even more remarkable, this past year James was able to attend a church mission in Haiti to work with earthquake survivors. Hopeful about the future, James and his family are confident they can overcome any additional challenges that come their way.

Consolidated Statement of Financial Position

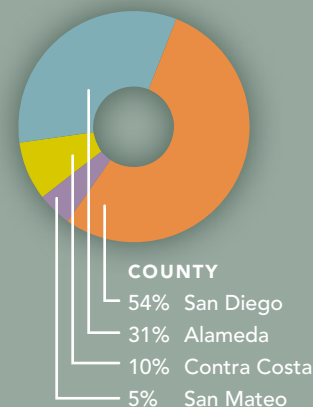
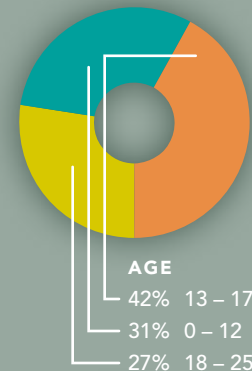
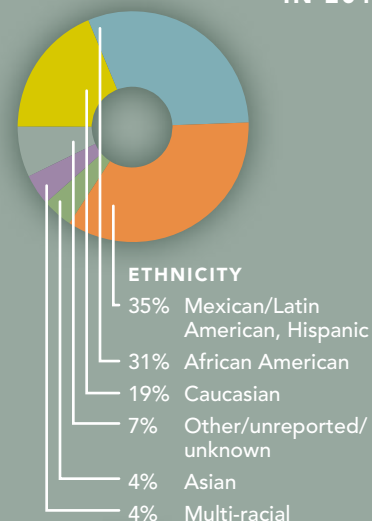
June 30, 2014 (with comparative totals for 2013)

ASSETS	2014	2013
Current assets		
Cash and cash equivalents	2,289,053	1,184,778
Restricted cash	1,096,094	253,583
Accounts receivable (net of allowance of \$108,186 in 2014 and \$25,000 in 2013)	4,348,714	5,165,353
Prepaid expenses, deposits, and other assets	297,082	485,909
Total current assets	\$8,030,943	\$7,089,623
Noncurrent assets		
Investments held in perpetual trust by bank	115,504	105,466
Beneficial interest in charitable remainder trusts	349,193	309,066
Marketable securities	3,405,680	2,407,359
Loan issuance costs, net	44,643	38,931
Construction in progress	884,023	6,124,158
Property and equipment, net	8,862,155	2,538,952
Total noncurrent assets	\$13,661,198	\$11,523,932
TOTAL ASSETS	\$21,692,141	\$18,613,555
LIABILITIES AND NET ASSETS	2014	2013
Current liabilities		
Accounts payable and accrued liabilities	2,826,089	3,563,196
Advances and overpayments	1,779,323	1,719,270
Current portion of long-term debt	—	2,084,296
Total current liabilities	\$4,605,412	\$7,366,762
Noncurrent liabilities		
Obligations assumed under King St. acquisition	720,600	746,385
Long-term debt, net of current portion	8,177,592	3,483,200
Total noncurrent liabilities	\$8,898,192	\$4,229,585
TOTAL LIABILITIES	\$13,503,604	\$11,596,347
Net assets		
Unrestricted	7,035,046	5,922,450
Temporarily restricted	842,150	793,455
Permanently restricted	311,341	301,303
Total net assets	\$8,188,537	\$7,017,208
TOTAL LIABILITIES AND NET ASSETS	\$21,692,141	\$18,613,555

Operational Performance



2,757
PEOPLE
SERVED
IN 2014



With your kind support

Fred Finch Youth Center extends our deepest thanks to every individual, business, and organization that made donations in calendar year 2014. You are, each and every one, our heroes. Large or small, the gifts you send directly benefit our work to help change the lives of children who have been abused or neglected.

Below, we offer special recognition to donors whose gifts were received in 2014. We are truly grateful for your commitment to FFYC.

INDIVIDUALS

Lauren Accinelli
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Please know we've worked hard to ensure the accuracy of these lists. If your name has been omitted or misspelled, call us at (510) 482-2244.

Successful outcomes in 2014

A grateful mother expressed her heartfelt appreciation for the help she and her family received from the Fred Finch Regional Center Wraparound Program.

June 6, 2014

Dear Lesli,

I am writing this letter in appreciation of the excellent and professional services that were given to our family through the Fred Finch Wrap Regional Center over the past two plus years. First, I would like to tell you that our family has had many different services over the last nine years.

At first, my son was scared and I was numb because I didn't know what our future held. I remember the Care Coordinator kindly telling my son, "we're here for you and to support you!" That comment told me that there was no blame and that the team was here to support my son and our family.

The changes my son has made have been remarkable! Initially the Care Coordinator and then the Behavior Specialist worked with my son on boundaries, relationships, identifying feelings, becoming comfortable with asking for help, and personal hygiene.

I remember the Care Coordinator asking me on one of the first visits what I hoped to accomplish by the end of their services...I told her that I wanted our family to be back to normal again and happy. Well, I can honestly say, "Mission accomplished!" Our family is happy and we have found our "new normal."

So, from the bottom of my heart, thank you for all of your support and the support of our "team". We couldn't have come this far without you!

Sincerely,
Parent of a Participant

ANDY'S STORY

When Andy arrived at Rising Oaks from a group home, he was on probation and, at age 19, struggling to earn his high school diploma. He rarely attended school, which violated the terms of his probation, placing him at risk for future incarceration. When he arrived, Rising Oaks staff partnered with Andy to set some realistic goals for his future and immediately met with Andy's special education teacher and other key educational personnel. Through this process, staff discovered that Andy had been prescribed medication for attention deficit disorder, which he was not taking. Working with Andy's medical doctor and the school, the clinician secured permission for Andy to take his medication at school. This made it much easier for him to make it through the school day and his attendance is now excellent. He is on track to graduate and is fulfilling his probation requirements.

Living on his own for the first time was a challenge for Andy, whose developmental delay made learning new skills difficult. His perseverance paid off, however, and he has mastered several housecleaning tasks in addition to discovering an affinity for cooking. Most notably, Andy has grown into a young man who reaches out when he needs support and routinely discusses his decisions and life plans with his case manager and other Rising Oaks staff.

Leading the way

Without the professionals who make up the Fred Finch Youth Center leadership team and our dedicated board members, the broad scope of our facility—and the success of our programs and services—would not be possible.

Fred Finch Youth Center wishes to thank and recognize all of these individuals for their hard work and dedication.

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growth



Help us
celebrate
125 years
in 2016

Established as an orphanage in 1891 by Duncan and Eunice C. Finch, Fred Finch Youth Center was founded on the principle that no one—regardless of their background, financial status, or personal challenges—should be neglected or forgotten. Little did they know how timeless their principles were. Stay tuned for news and information about Fred Finch's 125th Anniversary, to be celebrated with events throughout 2016.



REGIONAL OFFICES

Alameda County
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San Diego
3434 Grove Street
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COUNTY LOCATIONS

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*Without continual growth
and progress, such
words as improvement,
achievement, and success
have no meaning."*

BENJAMIN FRANKLIN