

FRED FINCH YOUTH & FAMILY SERVICES

## Rising Harte Wellness Center

For more information, call 510-482-2244 or  
visit [www.fredfinch.org/rising-harte-wellness-center](http://www.fredfinch.org/rising-harte-wellness-center)



Fred Finch Youth & Family Services is a leading mental health agency that delivers services across systems of care. Our mission is to provide innovative, effective services supporting children, youth, young adults, and families to heal from trauma and lead healthier, productive lives.

At Fred Finch, we welcome and invite people from all backgrounds to address life challenges in a safe and compassionate environment. We commit ourselves to working together with participants to navigate complex challenges that may include traumatic experience, mental health concerns, drug and alcohol use, or other disabilities. We provide innovative, effective services to support participants and their families to reach their goals.

FREDFINCH.ORG



## Rising Harte Wellness Center



Rising Harte Wellness Center (RHWC) is a school-linked health center in Oakland providing primary medical, dental, behavioral health, and audiology services to eligible youth and young adults across Alameda County.

FREDFINCH.ORG

## OVERVIEW

Located in Oakland, adjacent to Bret Harte Middle School (BHMS) on the campus of Fred Finch Youth & Family Services, Rising Harte Wellness Center (RHWC) enables youth to develop lifelong healthy living habits, improve school attendance and performance, increase levels of employment and housing stability, and lay the foundation for healthier and happier youth, families, and communities by providing medical care, dental care, behavioral health care, health education, and youth development.

Rising Harte Wellness Center is a school-linked health center, born from a unique collaboration among Fred Finch, Alameda County Social Services Administration, Alameda County Health Care Services Administration-Center for Healthy Schools and Communities, Alameda County Behavioral Health Services, Oakland Unified School District, and Native American Health Center, Inc., a Federally Qualified Health Center. Together, these organizations developed integrated health services for the most vulnerable and underserved youth in our community.

Opening in October 2014, RHWC began serving students at neighboring Bret Harte Middle School as well as young adults, particularly those exiting from the children's foster care system in Alameda County. Native American Health Center health care practitioners provide medical and dental care, while the Center for Early Intervention on Deafness provides audiology services through its on-site clinic. Audiology services include screenings, diagnostic evaluations, and dispensing services from throughout the county.



## SERVICES

With Native American Health Center, the RHWC provides:

- Screening for key risk factors
- Provision of treatment and services
- Preventive services and dental examinations
- Adult and peer facilitated health education, recreation, and social programs

Additionally, the Center for Early Intervention on Deafness provides audiology services on site.

## PHILOSOPHY

Our approach and philosophy focus upon building supportive relationships, engaging the whole family (as appropriate) and identifying/creating positive reasons to change students' behavior. Staff strives to help students and families identify their core gifts, and design interventions to engender sustainable behavior changes. This support extends to assisting students and families to recover from trauma they may have experienced and which may be impacting the student's behavior. Staff works to build positive communication and collaboration with schools, families, and others working towards a common goal to create change and help the participant/family live the life they intend to live. Staff works to help students and their families gain the ability to navigate their own way through their environment and community.

## REFERRALS

To learn more about our services and for current clinic hours, call Rising Harte Wellness Center at 510-485-5292.