

FRED FINCH YOUTH & FAMILY SERVICES
Dual Diagnosis Services

For more information, call (619) 797-1090 or
visit fredfinch.org/sd-dual-diagnosis



Fred Finch Youth & Family Services is a leading mental health agency that delivers services across systems of care. Our mission is to provide innovative, effective services supporting children, youth, young adults, and families to heal from trauma and lead healthier, productive lives.

At Fred Finch, we welcome and invite people from all backgrounds to address life challenges in a safe and compassionate environment. We commit ourselves to working together with participants to navigate complex challenges that may include traumatic experience, mental health concerns, drug and alcohol use, or other disabilities. We provide innovative, effective services to support participants and their families to reach their goals.



Fred Finch Youth & Family Services Dual Diagnosis Services



Fred Finch Youth & Family Services is a specialized array of treatment and educational services for adolescents with developmental disabilities and serious emotional disturbance. Participants are ages 12 through 22, and have a developmental disability and also a DSM V mental health diagnosis—a population that has been traditionally underserved and who often find themselves in settings that do not effectively meet their complex needs.

OVERVIEW

Fred Finch Youth & Family Services Dual Diagnosis Services is a specialized treatment array for adolescents with developmental disabilities and serious emotional disturbance. The Fred Finch Dual Diagnosis Treatment Services includes a Short-Term Residential Treatment Center, and a Non-Public School that is an integrated component of our treatment model. The model was designed and supported by a collaboration between Fred Finch, the Regional Center of San Diego, San Diego County Mental Health, and special education departments of local school districts.

The program serves males and females, ages 12 through 22, who have a developmental disability and also have a DSM V mental health diagnosis. This population has been traditionally underserved and many times find themselves in settings that are not specifically designed to meet their complex needs.

In addition to residentially based treatment, the special education portion of the program, has the capacity to provide intensive mental health services for qualified students. The residential treatment center and school provide a safe, stable environment by combining intensive staffing, a trauma-informed therapeutic milieu, mental health interventions, skills development and applied behavioral analysis services.

SERVICES

Please contact **Senior Director Bruce Wexler, MFT or School Director Bret Calhoun at 619-797-1090.**



SERVICES

Services available include:

- Comprehensive academic and behavioral assessment
- Individual, group, and family therapy
- Milieu therapy
- Behavioral management and skill building support
- Special education and related services
- Pre-vocational and vocational training
- Family advocacy and support
- Medication support and monitoring
- Expressive arts
- Speech and language development
- Occupational therapy

The purpose of the Fred Finch Youth & Family Services is to maximize each participant's level of functioning in the community and school setting, enabling them to engage in everyday living similar to that of their non-disabled peers. A key objective of the program is increasing the youth's ability to succeed in less restrictive environments.

Residential Treatment participants must have a developmental disability diagnosis and a DSM V mental health diagnosis. To receive mental health services,

- They must be eligible for an EPSDT Mental Health Program and
- Demonstrate medical necessity per criteria for mental health services
- School students not residing at the Fred Finch Youth Center may also receive mental health treatment based on assessed need or be eligible for educationally related mental health services.

Youth are NOT eligible if they:

- Meet W&I Code 5150 criteria
- Are persistent, high-risk fire setters or weapons users
- Are primarily chemically dependent