

# FredFinch

Youth & Family Services



## The Fred Finch Bulletin Quarterly Newsletter

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## Happenings | Updates

### Celebrating Achievements & Impact : Explore Our 2022 Annual Report

We are pleased to share that our [annual report for the 2022 fiscal year](#) is now available on our website. The report details our accomplishments, financial performance, and ongoing efforts to provide essential services to our participants, their families, and our community.

As we look back on the year, we are **filled with gratitude for your continued support** of our mission to empower children, youth, and families to achieve optimal health, well-being, and self-sufficiency. Much of our work would not be possible without the generous support of our donors and community. We are truly grateful for your partnership. We also want to take this opportunity to express our deep appreciation to **our dedicated staff and volunteer board members** who work tirelessly to ensure that our programs are effective, responsive, and aligned with the mission of Fred Finch. Their commitment to our participants and community is truly inspiring.

We invite you to review our annual report and share it with others who may be interested in learning more about our work. Together, we can continue to **make a meaningful difference** in the lives of children, youth, and their families.

And don't forget to check out our previous year's annual reports at the following URL:

<https://www.fredfinch.org/annual-reports>

### Celebrating Eight Years of Dedication: Burt Yin's Legacy at Fred Finch

For the past 8 years, Burt Yin has served Fred Finch as a community advocate for the work we do with children and families. As a former resident of Fred Finch, Burt's firsthand experience living on our Oakland campus decades ago provided him with a unique perspective on our board.

His unwavering kindness, generosity, and sense of humor have left a lasting impact on our organization. As Burt Yin retires from the Fred Finch Board of Directors, we extend our heartfelt gratitude for his dedicated service.

While we will miss his presence, we know that Burt will continue to be a steadfast supporter of our staff and participants. His ongoing commitment to our mission is a testament to his belief in the transformative power of our work.

Join us in celebrating Burt Yin's remarkable legacy and the lasting mark he has made on Fred Finch. Pictured on the right with Fred Finch board member Elisabeth Jewel and President & CEO Tom Alexander, Burt's contributions will forever be cherished.





# Join a Mission-Driven Team at Fred Finch!

Are you or anyone you know passionate about making a positive impact on the lives of young people, their families, and the community? [Fred Finch Youth & Family Services](#) is always seeking dedicated individuals to join our diverse and inclusive workforce. We are committed to creating a bright future for those in need. As an employee of Fred Finch, you will work alongside a team of professionals who share your passion for making a difference in the lives of others and contributing to the well-being of our community.

We offer a competitive salary, a generous benefits package, and access to opportunities for professional growth and development, including training and [education support programs](#) to help you advance your career. Some positions also offer a sign-on bonus. By joining our team, you'll have the opportunity to make a meaningful impact on the lives of those we serve every day. Additionally, we provide a supportive work environment that's trauma-informed and fosters collaboration, respect, and appreciation. We recognize, respect, and celebrate our differences. You'll also have access to a range of resources, such as an Employee Assistance Program (EAP), to support your mental and emotional well-being. Visit the Fred Finch career page [HERE](#) to learn more and apply today!



**We Are Hiring!**  
Join Our Dynamic Teams Serving At-Risk Children & Youth

- 21 days of Paid Time Off (initially) and 9 paid holidays
- Medical, Dental, and Vision insurance
- 401(k) plan - 6% employer match
- Flexible Spending Account
- Employer paid life insurance
- Employee Assistance Program
- Monthly Flex Benefit of \$150
- Qualifying Employer for Federal Student Loan Forgiveness
- Fred Finch Degree Assistance Programs (\$10,000 scholarships)
- Free Continuing Education Units
- Bilingual Stipends
- Supervision toward licensure
- Flexible work schedules

To Learn More, Scan the QR Code Below!

**FredFinch**  
Youth & Family Services

For more information, please contact [recruiter@fredfinch.org](mailto:recruiter@fredfinch.org)



**FredFinch**  
Youth & Family Services

8TH ANNUAL CHARITY  
**GOLF**  
TOURNAMENT  
2023

**SAVE THE DATE**  
Rancho Bernardo Inn

1PM    JUNE 30th, 2023    FRIDAY

## Tee Up for a Cause: 2023 Annual Fred Finch Charity Golf Tournament

Join us for a day of fun on the green while supporting a great cause at our **8th Annual Charity Golf Tournament on Friday, June 30, 2023, at Rancho Bernardo Inn in San Diego.**

Register now by [CLICKING HERE](#) and visit our event page for more details about the tournament, including a schedule, contest, a light lunch and sponsorship opportunities. Let us come together to make a meaningful difference and provide comprehensive care for youth and families.

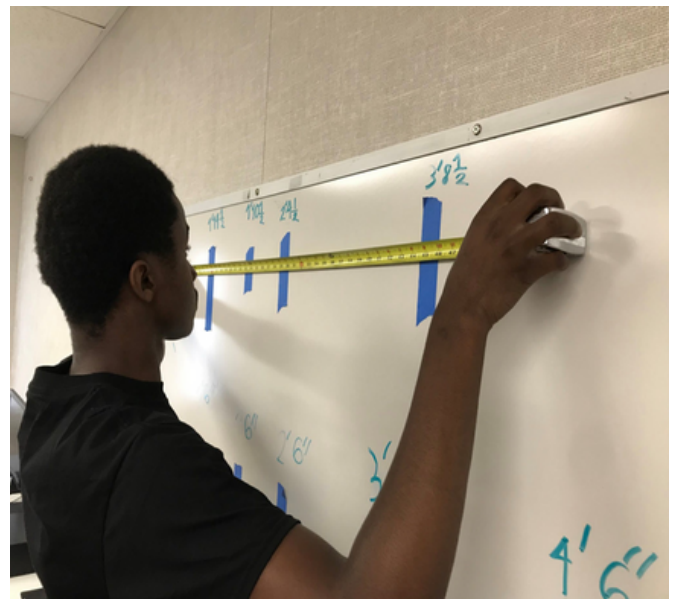
# Innovative Job Training Program for Youth with Developmental Disabilities

Last month, in honor of **Autism Awareness & Acceptance Month**, Fred Finch staff were excited to learn about an **innovative job training program** for youth with developmental disabilities and significant mental health challenges from our colleague, **Bret Calhoun, the Principal of our San Diego Nonpublic School**.

The success of this program is due to the exceptional talent of our faculty and leadership team at the **San Diego Dual Diagnosis Program**, who provide vital support to participants and their families, enabling them to succeed academically and develop functional skills through **real-world job training experiences**. The job training program is made possible through a partnership with the Department of Rehabilitation (DOR).

We are excited about the program's potential and its positive impact on the lives of our participants and the community.

To learn more about the San Diego Dual Diagnosis Program, including eligibility and referrals, please visit our website at <https://www.fredfinch.org/sd-dual-diagnosis>.



# The Contra Costa School-Based and Community Services Program Spotlight

**The Contra Costa School-Based and Community Services (CC SBS/CS) program** is a vital program at Fred Finch Youth & Family Services (FF) that provides accessible, community-based, and trauma-informed mental health services to students at school and in the community. Our program aims to improve school outcomes, enhance social and family relationships, and reduce the need for higher levels of care. In collaboration with Contra Costa County Behavioral Health and school districts (Mt. Diablo Unified and Antioch Unified), our highly trained and dedicated staff provide a range of services on public school campuses, including individual and family therapy, group therapy, consultation with educational staff, guidance on behavioral interventions, crisis support, case management, and treatment plan development.

Our program is also in partnership with John Muir Health (JMH) and the community agencies One Day at a Time (ODAT) and Center for Human Development (CHD) to provide clinical services, outreach and engagement services for clients of the JMH Beyond Violence program. Additionally, through our partnership with JMH, we provide telehealth therapy on Saturdays through the JMH Mobile Health Clinic.

According to the **John Muir Health 2021 Community Benefit Report**, this program is "a vital resource for students in Contra Costa County," and through the JMH partnership alone, FF staff served 120 individuals in 2021 to address a range of mental health needs. The program's impact on the lives of students, families, and the community is significant and positive, promoting mental and physical resiliency and wellness while providing comprehensive care for youth and families.

Supporting this program is a way to make a real difference in the lives of students, their families and our communities. To learn more about program eligibility and how to obtain a referral, please visit our website at <https://www.fredfinch.org/contra-costa-school-based-services>



*Our partnership with John Muir Health allows us the pure intention of providing what's needed—with programs that are flexible, including working with parents, and starting groups. This allows us to really support what the community is asking for.*

—Melissa Cesario  
Program Director



*A lot of hope is being instilled in these students in a way that they did not know was possible, or they were looking for it but did not know how to achieve it. As that hope level goes up, life starts to change for them. Now they can navigate their challenges a lot better than they could before.*

—Lindsey Walker, AMFT  
Fred Finch Youth and Family Services



# New "On the Wire" Podcast Episode Now Available



On the Wire with Fred Finch Youth & Family Services is a podcast series that we started to share stories, experiences, and knowledge gained from over a century of helping disadvantaged young people and their families to mental and physical resiliency and wellness.

We are thrilled to share the release of our latest episode of [On the Wire](#) with [Fred Finch Youth & Family Services](#), in honor of **Autism Awareness & Acceptance Month** in April.

This episode highlights our [Specialized Wraparound Program](#) and features a success story from Tasha, a single mother and her son Jonah. We delve into the critical importance of providing highly individualized, family-centered mental health and behavioral services to enhance the quality of life for participants with developmental disabilities and their families.

Using a strength-based and culturally responsive approach, our Specialized Wraparound team addresses the unique experiences and needs of each participant, guiding families through a comprehensive planning process that fosters stability in the home and community. Their dedication to supporting youth and families towards mental and physical resiliency and wellness shines through.

We invite you to visit our website at <https://www.fredfinch.org/on-the-wire> to listen to the latest episode of [On the Wire](#) and share it with others who might benefit from the family's success story.

**Thank you for your continued support of our mission: to provide culturally responsive services that promote mental and physical resiliency and wellness.** For a complete library of all our episodes please visit [On The Wire: HERE](#)

## Annual Staff Appreciation, CHAMPS & Longevity Awards Celebration

In March, we had the pleasure of bringing together our Fred Finch and CARES staff, their families, and friends in both Northern California and Southern California for **our annual staff appreciation, CHAMPS, and Longevity award events celebration**. The events were a wonderful opportunity to celebrate our impact. We acknowledged key milestones and recognized the dedication and commitment of our CHAMPS and Longevity award recipients.

We continue to be grateful for the opportunity to come together and reflect on our achievements and to express our appreciation to one another for all the hard work and passion that each and every one of us brings to our mission every day.

We look forward to more opportunities like these where we can all come together and celebrate with one another!



# Positive Community Impact | Volunteer

Congratulations to **Greg Kershaw, Board Chair** of [Fred Finch Youth & Family Services](#), for being recognized and honored as one of the **San Diego Business Journal's 2023 Top 50 Nonprofit Board Leaders of influence!** Greg has been an active board member since 2014 and has served as board chair since 2021. Kershaw, who is also the Director of Experience and Engagement at [WD-40 Company](#), has been an instrumental volunteer for Fred Finch. His marketing expertise was critical in a major rebranding and update of the Fred Finch website over the past three years. Greg's years of commitment and dedication to our work through board service has made a true impact on Fred Finch and our participants. The official article was published: March 13, 2023.

"Fred Finch has given me the opportunity to apply my skills and experience in a way that makes a real difference in the lives of young people and their families," says Kershaw. "It's an honor to serve on the board and work with such a talented and dedicated group of professionals who are passionate about our mission."



## Volunteer with Fred Finch

Are you looking for a way to make a difference in your community? Consider volunteering with [Fred Finch Youth & Family Services!](#)

To learn more about our **volunteer opportunities** and sign up today, visit our volunteer page at [www.fredfinch.org/volunteer](http://www.fredfinch.org/volunteer). Alternatively, you can reach out to us via email at [development@fredfinch.org](mailto:development@fredfinch.org) or by phone at 510-406-8717.

## Join Us in Making a Difference: Support Fred Finch Today!

If you would like to support Fred Finch, please consider [donating today](#) through our secure online giving page at <https://fredfinch.salsalabs.org/fredfinchgivingpage/index.html> or by scanning the QR code to the right.

The generosity of individuals like you help Fred Finch continue providing critical services that give hope to children, youth, young adults, and families in need. Thank you for your support!





# Leading The Way

Founded in 1891 as an orphanage in Oakland, California, today's Fred Finch operates over 20 programs in California including mental health, housing, education, and independent living services, providing a pathway to healing and self-sufficiency. Our 132-year history and strong track record have made Fred Finch Youth & Family Services a recognized leader in the treatment of children and families.



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### Contra Costa

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San Pablo, CA 94806  
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### San Mateo

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