



School Based Services

Contra Costa County

School-Based Services offers school site-based mental health services designed to help youth learn to succeed in school and improve interpersonal relationships.



Eligibility

SBS is available to youth enrolled at the elementary, middle, and high schools in Mt. Diablo School District listed below who have full-scope Medi-Cal. Referrals are initiated at each school site.

About Us

The School-Based Services (SBS) program provides mental health services designed to help youth learn to increase positive school outcomes, decrease need for higher levels of care, and improve social and family relationships.

Services Include:

- Individual and family therapy
- Group therapy
- Consultation with educational staff
- Reinforcement of and guidance on behavioral interventions
- Crisis support
- Treatment plan collaboration and guidance
- Parent/family support

Partnering SBS School Sites

Elementary Schools

- Bel Air Elementary
- Meadow Homes Elementary
- Rio Vista Elementary
- Shores Acres Elementary
- Wren Avenue Elementary
- Ygnacio Valley

Middle Schools

- El Dorado Middle Oak
- Old Grove Middle
- Riverview Middle School

High Schools

- Concord High
- Mt. Diablo High
- Ygnacio Valley High



Contact

For referral information or questions, please contact the Site Administrator or school's Care Team.

For specific information, contact Program Director, Melissa Cesario at melissac@fredfinch.org

