

Youth & Family Services

Annual Report 2023







"Let us make our future now, and let us make our dreams tomorrow's reality." -Malala Yousefzai

DEAR FRIENDS OF FRED FINCH

Any longtime supporter of Fred Finch knows that our agency is no stranger to vital transformation. Founded as an orphanage on the eve of the twentieth century, Fred Finch has morphed through many iterations according to the needs of the times, our community, and the young people and families that we serve. In 2024, Fred Finch continues to change and grow in our new and persistently complex era.

We recognize the ongoing ramifications of the COVID-19 pandemic. The way that we provide services for some of our programs has been altered, and there is an ongoing crisis around mental health for young people today- the need for supportive and healing engagement with kids is greater than ever. In fact, in 2021, the U.S. Surgeon General declared the children's mental health crisis a national emergency. Fred Finch is working to combat the ongoing mental health crisis experienced by our participants, and the spikes in depression, anxiety, co-occurring substance use, and suicidality among children and youth. We continue to invest in high quality training and clinical supervision. Our continuous quality improvement ensures that participants, families, and communities receive the highest caliber of evidence-based services to address these conditions.

This year, we are especially proud of the continued growth of innovation and programs that have positive impacts. Most significantly, our partnership with Kaiser Permanente to design and build eight crisis residential beds on our Oakland campus, as well as a new recreation center that will not simply serve our campus, but the community around us. This partnership represents a unique opportunity to transform our campus, ensuring our residential programs are state-of-the-art, and recasting our campus as even more of a hub in our Oakland community.

Fred Finch, internally, continues our practical transformations to stay on the cutting edge of service provision. We engage in significant work in justice and equity and are committed to keeping our services culturally relevant through expanded language capacity, cultural responsiveness, and trauma-informed practices. We are working to evolve our compensation practices with an eye to competitiveness, class and equity, with the goal of fairly compensating the critical work done by all our employees, current and future.

With this flexibility and willingness to transform foremost on our minds, we remain committed to serving those most vulnerable in our communities- families and young people impacted by behavioral and developmental challenges, trauma and the side effects of poverty. We remain steadfast in recognizing and capitalizing on their strengths and charting a healing pathway together. The changing landscape will necessitate transformation of our programs into new forms and new practices- but we at Fred Finch have always embraced innovation and required response to changing community needs. Your backing is a critical piece of what makes Fred Finch a successful partner to so many children and families across California- we look forward to your continued involvement and support through 2024.

Sincerely,

Tom Alexander, President & CEO Greg Kershaw, Board of Directors Chair





Transforming Lives Across California: A Look at Our Impact

Our 8th <u>Annual Impact Celebration</u> fundraising event, held in the stunning gardens of the Oakland Museum of California on September 30, 2023, marked a pivotal moment in our ongoing mission to transform lives and foster resilience. The evening served as a powerful testament to the unwavering support we receive from our amazing community. It brought together jazz lovers, wine tasters, and generous donors from across the Bay Area.

We are filled with gratitude for each and every one of you who contributed to this remarkable evening, enabling us to raise crucial funds that support our mission. Your unwavering support and generosity have propelled us forward in our mission to transform lives and cultivate resilience within our community. Together, we have made a profound difference in the lives of our participants and their families.









The evening also served as a special tribute to our colleague, **Fred Atkins**, the recipient of <u>the John F. Steinfirst Community Award</u>. Fred has dedicated over three decades to working with kids in our <u>Avalon residential program</u>, leaving a lasting impact on thousands of families.

Thank you for being a part of this incredible journey. Together, we are making a lasting difference in the lives of those we serve.

EMPOWERING COMMUNITIES: FRED FINCH AND KAISER PERMANENTE'S IMPACTFUL PARTNERSHIP.

Our ongoing commitment to creating positive change and fostering resilience in the lives of those we serve has been greatly enhanced by the generous support of organizations and individuals alike. Among these impactful collaborations, we are excited to share a groundbreaking partnership with <u>Kaiser Permanente</u>. which provided grant funding to create a <u>New Recreational Facility and an 8-bed Crisis Residential Treatment Program at our Oakland campus</u>.

This significant initiative signifies more than just the construction of new facilities. It represents a collective effort to empower our community, particularly those affected by autism, by providing essential resources and support. By joining forces with <u>Kaiser Permanente</u>, we are not only expanding our reach but also advancing our shared mission of empowerment and support. As we embark on this transformative journey, we envision a future where every member of our community has access to the resources they need to thrive. Together with Kaiser Permanente, we are paving the way toward a brighter and more inclusive future for all.

To learn more about this transformative project, we invite you to watch our joint statement by visiting; https://www.fredfinch.org/latest-news.

For ongoing updates and comprehensive information about our collaborative efforts, visit our website: <u>Fred</u> <u>Finch - Our Work</u>. Together, we are embarking on a journey toward a brighter future for all.







EMPOWERING RESILIENCE, STRENGTH, AND GROWTH: CELEBRATING 10 YEARS OF RISING OAKS!

In a heartwarming commemoration last summer, the Rising Oaks Transitional Housing Program marked a significant milestone—its 10-year anniversary. Current participants, alongside dedicated Board Members, current and former staff, gathered to celebrate a decade of empowering former foster youth and extended care youth. Rising Oaks has been a beacon of hope, providing a nurturing environments and empowering the young individuals we serve to develop critical life skills for independent living.

Reflecting on their journey, one participant shared, 'For the first time, I truly felt at home and safe at Rising Oaks. It has become an integral part of my life, and the support I received here is beyond measure.'

Tom Alexander, President & CEO of Fred Finch, emphasized the crucial role of Rising Oaks, stating, 'Foster youth often lack the safety net of traditional home environments and can end up homeless or in shelters. Rising Oaks provides that support system, facilitating transformation and empowerment.'

Lauren Tanzer, Rising Oak's Clinical Manager, highlighted the program's nurturing environment that empowers youth to mature and flourish. 'They arrive at a place that facilitates their growth and well-being,' she shared.

Fred Finch extends heartfelt appreciation to all who have contributed to Rising Oaks' success. The staff's dedication has catalyzed transformation and a brighter future for participants, establishing a culture that nurtures potential and fosters community.

Thank you for your unwavering dedication to empowering youth. Your commitment to resilience and strength has sparked remarkable transformation in many lives.

To learn more about the program or to support our mission, visit https://www.fredfinch.org/rising-oaks. Together, we continue fostering positive evolution in the lives of our youth and community. Thank you for being part of this incredible journey!





INTRODUCING SCREENING TO CARE- EAST SAN DIEGO COUNTY: A SCHOOL-BASED BEHAVIORAL HEALTH PROGRAM

Fred Finch continues its commitment to sustaining and growing our programs through innovative collaboration and transformation, expanding our portfolio of programs and services to better support youth, young adults, and their families on their journey to mental and physical resilience and wellness.

Last year, we proudly launched <u>Screening to Care – East San Diego County</u>, a school-based behavioral health program funded by the County of San Diego Behavioral Health Services in collaboration with the Santee School District. Guided by our <u>Senior Director Maria Luna</u>, this groundbreaking initiative prioritizes students' well-being through comprehensive prevention and intervention services, utilizing a Multi-Tiered Systems of Support (MTSS) framework.

With <u>Screening to Care – East San Diego County</u>, our aim is to equip students with the tools and support needed for academic, emotional, and personal growth. By implementing screening procedures, we effectively identify students' social and emotional needs, laying the groundwork for tailored interventions and services. This approach enables us to address their unique needs and provide the support they deserve.

The program is open to students in **grades 6-8 at partnership schools within the Santee School District**, this program engages students during a critical stage of their educational journey. Our goal is to promote their mental and emotional well-being, enrich their overall quality of life, and cultivate positive outcomes in academic achievements and interpersonal relationships with peers, families, and the community.

For more information, please visit: https://www.fredfinch.org/screening-to-care for a copy of the Program Brochure. Together, we can make a meaningful difference in the lives of these young individuals, empowering them to embrace their full potential and continue to thrive.

This Program is Funded by the County of San Diego







Advancing Equity and Inclusion: Fred Finch's JDEI Achievements in 2023

Fred Finch is committed to promoting racial justice, equity, and cultural responsiveness across the agency. Our Racial Equity Initiative (REI) provides a framework through which we advance this work with employees, participants, their families, and their communities.

In alignment with our agency's core values and led by a new Justice, Diversity, Equity & Inclusion (JDEI) Officer, the JDEI Steering Committee was established to provide leadership, oversight, and accountability for implementing a growing number of REI activities. Supporting this work, the Racial Equity Initiative Workgroup is responsible for the Affinity Group process, while the Cultural Connections Committee oversees the targeted continuous quality improvement actions, as well as the annual Cultural Responsiveness Plan.

2023 marked a significant milestone for JDEI activities as we continued to invest in strategies to recruit, promote, support, and retain a culturally and linguistically diverse workforce. These efforts included creating a cultural learning environment, promoting learning and scholarship through educational support programs, providing ongoing professional development opportunities, and focusing on measurable outcomes through data collection and analysis focused on cultural responsiveness.



Further examples of JDEI accomplishments include a Communications Strategy, establishment of agency workgroups to review Practices and Policies through an equity lens and incorporating cultural responsiveness into our FF strategic planning and organizational culture. Additional examples include expanded demographic data collection, participant, and family satisfaction surveys, periodic 'Pulse Surveys' monitoring staff impressions on FF's REI effectiveness, and employment exit interviews.

A notable program under JDEI was the <u>Clinical Mentorship Pilot Program</u>, established to provide professional growth opportunities for clinicians of color to meet with seasoned mentors in a safe and welcoming environment. This program aimed to guide mentees through various challenges, including racism, stereotyping, barriers to growth, self-questioning, and imposter syndrome, while also preparing them for promotions and positions of leadership in mental health careers.

Feedback collected from mentees at the end of the pilot program highlighted positive experiences, where mentors provided valuable knowledge and support. Mentees expressed gratitude for the guidance they received and acknowledged their personal and professional growth resulting from the program. The themes encompassed learning, self-care, work-life balance, support, exploration of identity, and the importance of cultural competence in providing mental health services.

CELEBRATING EXCELLENCE: FRED FINCH HONORED AS TOP BAY AREA WORKPLACE

We are delighted to share that Fred Finch has been honored with two prestigious awards, highlighting our steadfast commitment to fostering a positive, trauma-informed work environment that prioritizes the well-being of both our participants and our dedicated employees.

We were named <u>one of the top companies to work for in the San Francisco Bay Area</u>, earning the esteemed <u>Top Workplaces</u> <u>Award 2023</u> as featured in the San Francisco Chronicle. This recognition underscores our unwavering dedication to cultivating an environment where our employees can thrive. The Top Workplaces gold badge symbolizes our commitment to people-first cultures and organizational excellence.

Additionally, we are proud recipients of the **Culture Conscious Organization Award**, an honor bestowed upon us by our own staff. This award reflects our dedication to prioritizing people and fostering a workplace culture where every contribution is valued, celebrated, and respected. It demonstrates our ongoing efforts to create an inclusive environment that nurtures growth, collaboration, and personal development.



These prestigious awards are a testament to the hard work and dedication of the entire Fred Finch leadership team and our board of directors. We extend our deepest gratitude to our staff for their unwavering support and dedication to our shared mission. These accolades not only enhance employee engagement by fostering a sense of being heard and valued but also facilitate informed decision-making. Moreover, they play a crucial role in attracting, retaining, and developing passionate, like-minded talent, thereby enriching our workplace culture and contributing to our organizational success.

For employment opportunities and to join our exceptional mission-driven organization, visit: https://www.fredfinch.org/careers to explore available positions.

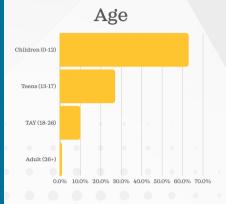
Consolidated Statement of Financial Position

For the Fiscal Year ending June 30, 2023

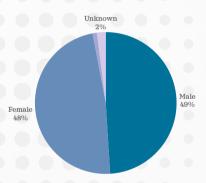
Assets	2023	2022
Current Assets		
Cash and cash equivalents	4,132,017	4,443,283
Restricted cash	1,293,345	1,357,580
Accounts receivable, net	8,842,228	8,228,697
Prepaid expenses, deposits and other assets	809,004	743,733
Total current assets	\$ 15,076,594	\$ 14,773,293
Noncurrent Assets		
Investments held in perpetual trust by bank	93,344	93,206
Beneficial interest in charitable remainder trust	347,177	334,492
Marketable securities	3,020,684	5,581,668
Construction in progress	787,895	277,316
Operating lease right-of-use assets	3,521,594	
Property and equipment, net	8,442,831	9,379,017
Fotal noncurrent assets	\$ 16,213,52	\$ 15,665,699
TOTAL ASSETS	\$ 31,290,119	\$ 30,438,992
Liabilities and Net Assets		
Current Liabilities		
Accounts payable and accrued liabilities	3,475,883	3,653,401
Deferred revenue		541
Advances and overpayments	3,041,955	3,480,314
Current portion of operating lease liabilities	884,078	
Current portion of debt	1,319,082	
Fotal current liabilities	\$ 8,720,998	\$ 7,134,256
Noncurrent Liabilities		
Obligations assumed under King Street acquisitions		762,500
Lease liability, net of current portion	2,652,248	
Long-term debt, net	8,589,106	9,708,232
Total noncurrent liabilities	\$ 11,241,354	\$ 10,470,732
TOTAL LIABILITIES	\$ 19,962,352	\$ 17,604,988
Net Assets		
	10,615,078	11,800,026
Without donor restrictions	712,689	
Without donor restrictions With donor restrictions	712.009	
Without donor restrictions With donor restrictions Total net assets	\$ 11,327,767	

Expenses	2023	Revenues	2023
Program Expenses	31,340,572	Local Contracts	30,896,214
Support Services	8,587,989	Federal Contracts	84,376
		State Contracts	4,101,495
Total Expenses	\$ 39,928,561	Contributions	394,622
	, 20,0	Investment Income	341,449
		Miscellaneous Income	2,604,168
		Total Revenue	\$ 38,422,324

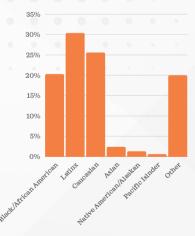
4,381
People Served in FY '23



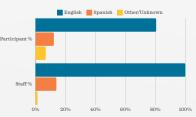
Gender



Race/Ethnicity









Fred Finch Youth & Family Services is truly grateful to every individual, business, and organization who supports our mission of helping youth and families in need

Individuals

Asha ABA Oluwatosin Adetutu Elizabeth & Ben Adeyi Rommel Alberto Brendon Alexander Mark Alexander

Tom & Karen Alexander Jamie Almanza

Joanna & John Amnodt

Nitzan Amram Max Antor Pascale Antor Katherine Bacher Katrina Baker

Mara Baum

Prof. Murray & Sheila Baumgarten

Carolyn Beahrs Blake Belden John Bendickson Michael Biele Rebecca Rierman Heather Blinn-Smith Mark Rorsuck Mark Bostick Barbara Bowman

Demaris Brinton Alden & Marianne Briscoe

Steven Brook Gregory Brown Regina Cantrell-Kinzfogl Lois Catherine Carson

Yvette Cashmere Maria Chan Dr. Teresa Chapa Clarissa Charles Zexin Chen Katherine Cheyne Michael Cifone

Diana Clark Robert Clarke Katherine Coleman Pamela Condie Tatiana Cordova

Harryette Cortez & Michael Palfrey Frank Corzo

Brisa Cruz Jose Cruz

Jon & Catherine d'Alessio Roger Daniels

Aiay Dave Rich & Vicki Davis Daniel Deen Carrie & John Dern Matt De\X/olf Tania Diaz Jeffrey DiBattista Cindy Dickenson

John Dischinger Diane Do Linda Do Alvssa Doke Patrick Donnelly

Paul Dow Susan Dumovich

Eric Dyce Karla Eckstein Ivy Ellis

Jill & Jim Ellis Katie Estberg Penny Fable Krystal Fairley

Nadia Farai Renato Farias **Brooke Farrington** Dominick Felix

Mary Felstiner Dianne Fishwild & Ric Hullet

William Flores Holly Forman-Patel Avsha Franco Oscar Fricke Samantha Fryer Karen Gage

Nick Gawlikowski Mofadeke Gbadehan Jessica Gibson

Carol Gilliland & Jennifer ONeal

Barbara Glaze Mercedes Gonzalez Kari Goodman Sharyn Goodson David Greenberg Samuel Guardino Richard Gutierrez

Gary Haber & Barbara Luttig-Haber Fva Hadlev

Senator Loni Hancock & Tom Bates

Sam & Donna Harrison Nancy Hazlewood Anna Henderson Gloria Henderson Julie Henderson Joslin Herberich Andy Hildebrand Mivic Hirose

Jonathan & Brittany Hoffman Patricia & Larry Hoffman

Baldwin Hong Moraen Humes Oletha Hunt Brinit Ichull Duane Jackson

Mark Jacobson & Pamela Consear

Gregori Jenkins

Elisabeth Jewel & John Smith

Carla Jimenez

Donald P. & Carole Johnson Brad & Moria Johnson Chapin LaVera Johnson-Seymour Robert Kamensky

Desiree Kane Nathan Kaplan Nitin & Urmila Karandikar

Lori Kasle

Gregory & Patricia Keller

Marta Keller Christopher Kelly Greg & Bailey Kershaw Reyna Kerzic

Dona Kim Kristin Koelzer Lisa Kogan Gabe Kopley Gerry Kosko Mariana Kremers Wenbin Kuang Maria Laguardia Ty Lambert Richard Lanzerotti

Peter Leary

Gregory Lee Bekki & Garv Lee Wendt Jason Lenore Loir Lichtman William Littlejohn Peigi Liu Bunchong Lo Lisa Lomba Rita Look Yesenia Lopez

Mona Lovgreen

Kaitlin MacCulloch

Dr. William MacMorran & Thu Anh Bui Casey Sasner

Holly MacPherson Matthew Madaus Rvan Madsen Matt Maggio Lorraine Maraan Susan Marshall Susanna & Bradley Marshland

Peggy Martin Elizabeth Martine Vivian Martinez Renee Maul

Andrea Sohn & Geoff Nuttall

Bill Mcfarlane David & Julie McGrew

Nydia Mershani & Walla Oriqat Christine Meuris

Nathan Michael Rachel Michaelsen Mima Mirkovic Lauline Mitchell Kelly Mitteer Ashlev Momoh Francisco Mora Gustavo Morales Tamara Muhler Gail Murphy Kristen Murphy

Clav Mvers-Bowman Alberta Nassi Meghan Nebril

Eric Nearon

Rick & Pamela Newacheck Tram Ngyuen

Ericka Nicholes Rob Norris Nancy O'Malley Good Times Oakland Amanda & Antonio Ortega

Linda Palmer Hans Parge Alex Park

Armando & Sarah Pastran

Yuliana Peraza Brenly Pereira Gretchen Peters Jennifer Phillips Melody Phipps Robert Pizzi Lucy Pleso Kevin Posey Nykole Prevost Jade Priaulx Timothy Pries Michael Proto Esther Pyon

Robin Rabens & Joey Latimer

Flisa Ramirez Willie Ramirez Theresa Razzano Nancy Reid Steve Remmel Daniel Reynolds Victor Ricciuti Art Rivera

David Roberts & Elsie Lee Natalia Robles Ariana Rodriguez Rosalinda Brianna Romero James & Michelle Ross Schuyler Ross Rosalie Roth Jessica Ruskin Victoria Ruskin Edward Rusnak

Gina Salazar

Daniel Sanguinetti

Steve Schatlenberg Matthew Schmedeke Tamara Schroeder Susanne Schuster Nina Schwartz Gregory Scott James Seishas

Yvonne Sewall Bryan Shaner

Rebecca & T.J. Shankland Jennifer Sherwood Donald & Amanda Sherwood

Sherwood Robin Silva Mark Silverman Maria Skv Alisha Smith Eva Smith

Ray Smith Lindsey Smookler Sandell Livia Sohn & Geoff Nuttall

Joan Sorensen Elyin Soto-Arnold

Bruce Soublet & Sylvia Myles Robert Spear

Tomeka Spence Courtney St. John

John Steinfirst & Sharon Collins **Emily Stewart**

Carole Strauss

Julie Stuhr & Conrado Dominguez John Suhr

Chris Sutherland Jesse Tamplen Brent Taylor Orakorn Thiravatorn Rukayatu Tijani Rebecca Tortorelli Thomas Tourtellott Tuong Kenny Tran

Sylvia Trejo Tim & Rafael Trickett-Robles

Jerica Trinidad Kaylee Vargo Antonia Veglia John Vidano Lesly Villa Juarez Larry Vollintine Alice von Komarnicki Lacy Vong

Taquelia WA Wendy Wagner Victoria Wake Richard Walter & Susan Suzuki

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Marcus & Sarah Young

Cathleen Zsupnik

Holly Zeitz

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Terry Town

The Blackbaud Giving Fund The Fish Market

The Fremont Group Foundation The Roger and Kathy Hoffman Family Foundation, Inc.

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Town Krver LLC United HealthCare Inc.

United Methodist Church of Castro Valley United Methodist Church of Los Altos / United Methodist Women

United Methodist Women

United Methodist Women Marysville Wayside United Methodist Women Waytoplay

WD-40 Company Foundation





Leading The Way

Founded in 1891 as an orphanage in Oakland, California, today's Fred Finch operates over 20 programs in California including mental health, housing, education, and independent living services, providing a pathway to healing and self-sufficiency. Our 133-year history and strong track record have made Fred Finch Youth & Family Services a recognized leader in the treatment of children and families.



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