



*Offering hope and healing since 1891*



# 2018 ANNUAL REPORT



“

See the positive possibilities, redirect the substantial energy of your frustration and turn it into positive, effective, unstoppable determination.

RALPH MARSTON

”



# DEAR FRIENDS OF FRED FINCH YOUTH CENTER,

As we begin our 128th year as an organization supporting youth and families in need, we are pleased to present our 2018 Annual Report. Fred Finch Youth Center proudly delivers specialized, high-impact services to benefit children and families in California. Our programs employ dedicated teams of individuals who seek to provide innovative, effective support to children, youth, young adults, and families, enabling them to heal from trauma and lead healthier, productive lives.

As economic trends throughout the state increasingly threaten housing security for lower income individuals and families, and the sociopolitical climate of hostility towards immigrants, women, and people of color grows, the need for services becomes progressively prevalent. In spite of and in response to these increasing challenges, our Fred Finch community continues to help kids and families heal and thrive. The continuation of our work, and the expansion of our services speaks to the dedication and commitment of our staff and supporters.

Serving nearly 1,600 individuals in multiple counties in 2018, Fred Finch's services helped to meet the behavioral, academic, and emotional objectives of each family's customized treatment plan. While we are encouraged by our successes, the increase in demand for services motivates us to make a bigger impact with expansions to our counseling, integrated healthcare, and family based services. Throughout this report you will find information on program specifics, community engagement, and stories of inspiration, all demonstrating our rich history of help and healing through trauma-informed care.

On behalf of our alumni, staff, board members, donors, and volunteers, we thank you for your commitment to our mission as we work to provide hope for the future.

## With gratitude,

Thomas N. Alexander, President & CEO

Elisabeth Jewel, Chairperson of the Board of Directors



## PROGRAM FACTS

**East Bay Wraparound** provided intensive community based care improving the outcomes for 26 foster youth with intellectual disabilities and mental health diagnoses.

155 Alameda County dependent youth on probation received trauma-focused psychotherapy treatment through the **Visiting Therapist Program**.

**San Diego Wraparound (Regional Center)** helped 67 youth ages 5 to 25 administering treatment for mild to moderate cognitive impairment.

**San Diego Wraparound (Mental Health)** provided individualized treatment plans to 153 participants struggling with challenges such as self-sufficiency, mental illness, family disruption, and substance abuse.

43 at risk children received short term intensive therapy focused on stabilization and crisis control through the **Alameda In-Home Stabilization** program.

**Alameda Central Therapeutic Behavioral Services** treated 149 Alameda County residents under the age of 21 who have serious emotional and/or behavioral challenges.

**San Mateo Therapeutic Behavioral & In-Home Stabilization Services** provided therapy to youth at risk of losing their home placement or are involved in the juvenile justice system.

**Santa Clara Therapeutic Behavioral Services** provided one on one behavioral assistance and interventions to 18 youth with intellectual disabilities.

**School-Based Services** improved functioning at home and school for more than 500 students with mental health services in Alameda and Contra Costa Counties.

**Counseling Enriched Classroom** helped 68 students in five different OUSD public school sites with mental health and rehabilitation services.

**Transition Age Youth** served nearly 60 young adults who are severely mentally ill, struggle with homelessness, and who have been unserved or underserved by the mental health system.

54 young adults suffering from traumas such as homelessness, mental illness, substance abuse disorders, HIV and limited social skills were helped by the **Contra Costa Transition Age Youth** Program.

**Transitions** provided necessary mental health treatment services to 67 youth facing struggles while transitioning into adulthood.

18 adults with variable mental illness diagnoses were provided HUD-subsidized permanent supportive housing on our Oakland Campus at **Coolidge Court**.

**Turning Point** housed, treated and counseled 26 homeless youth ages 18 to 25.

47 low income former foster youth were provided temporary housing with supportive services to improve self-sufficiency at **Rising Oaks**.

**San Diego Dual Diagnosis Residential Treatment** served 19 participants ranging in age from 12 to 22 suffering from an intellectual disability or trauma/mental health challenges who are in need of flexible, community based and culturally sensitive treatment.

**Avalon Dual Diagnosis** is a specialized 14 bed program that provided behavioral and therapeutic interventions to 26 youth, as well as education to youth diagnosed with both emotional disturbance and intellectual disability.

22 youth ages 8 to 17 on the autism spectrum who may have mental health or substance abuse disorders were provided short-term crisis stabilization at **New Yosemite**.

**Rising Harte Wellness Center** provided free and confidential health care to 255 underserved youth in the Oakland community through 1,427 treatment visits.

# MAKING AN IMPACT

The 2018 Impact Celebration, dubbed “Triumph Over Trauma,” welcomed sociopolitical comedian W. Kamau Bell as guest host and panel moderator. Attended by more than 200 guests at the Oakland Museum of California, the Impact Celebration featured a reception, a panel about the effects of trauma on youth and the presentation of an award honoring the late social activist Dr. Prince White.



Held in the James Moore Theater, the panel discussion brought together a diverse group of panelists served by or working for East Bay organizations, including Fred Finch, to share their success in overcoming severe trauma – ranging from child abuse to violence resulting in the loss of family and friends – and their efforts to give back to youth facing similar obstacles.

The evening concluded with the presentation of the third annual John F. Steinfirst Community Award to Urban Peace Movement in recognition of the impactful work that Dr. Prince White did for the community as deputy director of the Oakland social justice organization.



# SCHOOL-BASED SERVICES

Providing services to over 20 school sites in the Bay Area, Fred Finch Youth Center School-Based Services are short-term mental health programs designed to help youth with social, emotional, behavioral, and academic challenges learn to succeed in school. Students in the program raise their grades and attendance, and improve their interpersonal relationships with peers and adults. The program services are provided by licensed and registered clinicians.

Our dedicated clinicians work closely with individual students and their families to evaluate each participant independently and develop a customized action plan to help them overcome their personal barriers to success. These specialized services benefit nearly 500 children annually in our community, enabling them to be successful in a public school placement without needing a higher level of care.



## JESSICA'S STORY

12-year-old Jessica was referred to Fred Finch through her middle school. Jessica was living with her mother and sisters as her father had recently moved out of state to live with his “other family.” Adding to her stress, both of her grandfathers with whom she was very close, were extremely ill.

The extra emotional stress Jessica was suffering began manifesting itself in the form of angry outbursts, depression, disruptive behavior in class and fights in school. She was unable to maintain friendships and was struggling to follow instructions from her mother and educators.

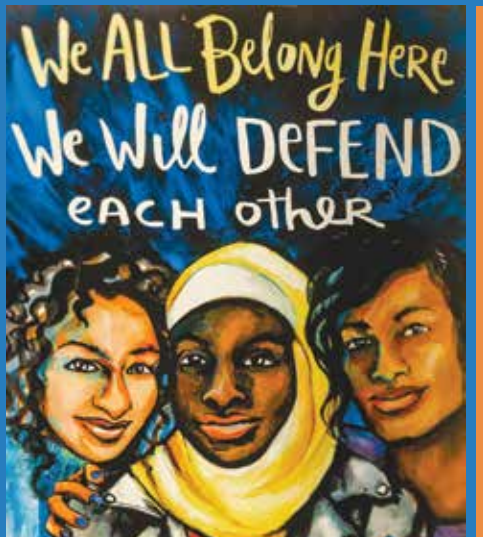
Our clinician worked closely with Jessica’s mother and aunt, providing them with vital tools and support to help Jessica recognize she is loved, supported, understood, and appreciated. In learning to understand her triggers she was able to utilize her support system to process her feelings through healthy outlets.

Jessica has now been able to rebuild her confidence and work with her friends and family to re-establish her sense of trust in close relationships. She has improved her attentiveness at school with reports from her teachers highlighting her remarkable turnaround.

# WORKING AS A TEAM

Fred Finch Youth Center, in partnership with county Child Welfare Services (CWS), Behavioral Health Services, and Probation departments, is excited to highlight our new Child and Family Team (CFT) Meeting Facilitation Program. The CFT program team works with participants up to 21 years of age in San Diego County to schedule, organize, and facilitate meetings and treatment, while working closely with the youth and family alongside their support network in collaboration and coordination of treatment and services.

The CFT Meeting Facilitation Program specializes in creating a culturally relevant and individualized plan for the youth and family to help them meet their behavioral health, CWS, and/or Probation goals. The CFT Program supports the outcomes of timely reunification, permanency, placement stability, reduced use of congregate care, increased permanent connections, reduced recidivism, and the identified mental health and well-being goals of the youth and family.



## TURNING POINT

Located in Berkeley, California, Fred Finch Youth Center's Turning Point is a transitional housing program designed to assist homeless youth obtain and maintain independent permanent housing. Guiding residents on a path to long term self-sufficiency, the Fred Finch staff customizes a menu of services to help each young person achieve individual goals. Staff assists residents with psychiatric services, career development, life skills training, transportation, health education, and community involvement.

### A TURN IN THE RIGHT DIRECTION: DEMETRIUS' STORY

Before moving into Turning Point at the age of 24, Demetrius had been homeless for most of his life. Since his parents separated when he was 8, he spent most nights in shelters or couch-hopping between friends.

At Turning Point, Demetrius has experienced a sense of security that he had never had before. He is now focused on managing his mental health and establishing personal goals, including planning a career in youth advocacy.

"The shelters felt more like facilities than comforting, secure homes," he said. "Here at Turning Point, I can rest and stabilize my mind."





# OUR DONORS



Fred Finch Youth Center is truly grateful to every individual, business, and organization who supports our mission of helping youth and families in need.

## INDIVIDUALS

Joanna Stromer Aamodt  
Melinda Aamodt  
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Brendan Alexander  
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Brent Taylor  
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Ruth Tretbar  
T.J. Trickett-Robles  
Corrin Trowbridge  
Jennifer Twardowski  
Sedrick Tydus  
Desiree Varela  
Audrey Vera  
Rhonda Victor

Armando Villasenor  
Anne Von Payr  
Deborah Wafer  
Dale Walker  
Nate Wall  
Beth Coppedge Walls  
Richard Walter  
Hannah Warren  
Sue Weaver  
Dean Weirtz  
Mary Wendt  
Mary Beth Wendt  
Wendy and Mike Wheeler  
Jim White  
Lizzy Wilkins  
Monique Williams  
Nicholaus Williams  
Matthew Williams  
Sherrie Willis  
Chris Winquist  
Christopher Wittler  
Jennifer Wong  
Lois Woods  
Veronica Xavier  
Burt Yin  
Alan Young  
Heather Zupin

## ORGANIZATIONS

Abbott Diabetes Care  
Albertsons Companies Foundation  
Safeway-Vons Foundation  
Allstate Giving Campaign  
Amore Meals  
Ascentis Corporation  
B Medical Spa  
Bank of America Employee  
Giving Campaign  
Barnes and Noble - El Cerrito  
Barona Resort & Casino  
Belmont Park  
Bernard E. and Alba Witkin  
Charitable Foundation  
Bernardo Winery  
Bessemer Trust  
Bite San Diego  
Bradford Portraits  
California Trucking Association -  
Bay Area Unit  
California-Nevada United  
Methodist Foundation  
Century Club of San Diego  
Christian Women's Outreach  
Church of Jesus Christ of Latter  
Day Saints - Lafayette  
Church of Jesus Christ of Latter  
Day Saints - San Francisco  
City National Bank  
Coffee By Nomad Donuts  
Cohn Restaurant Group  
Collector Care  
Colors For Charity  
Contra Costa Civic Theatre  
Crescent City United Methodist  
Women  
Daily Bread  
d'Alessio Family Fund  
Ed Block Courage Award  
Foundation  
El Sobrante United Methodist  
Church  
Excel Hotel Group  
First Northern Bank  
Fish Market Restaurants  
Fish Photography  
Flagship Cruises & Events  
Fred Astaire Dance Studio  
Fremont Group Foundation  
Frustrated Cowboy  
Gilead Sciences, Inc.

GSSI Engineers  
Hacienda Hotel Old town  
Hilton San Diego Resort & Spa  
Integra Golf  
IPAY Consulting  
Islands Mission Valley  
Kaiser Permanente Community  
Benefits Program  
Las Patronas  
Lynnewood United Methodist  
Church  
Maritime Museum  
Marriot San Diego Gaslamp  
Quarter  
Massage Envy Point Loma  
Mattress Firm  
MUFG Union Bank Foundation  
Museum Of Man  
Myrtle Creek Vineyards  
NAI Real Estate  
Natalie Falleta Skincare  
National Charity League - Oakland  
Piedmont  
National Holistic Institute  
Network for Good  
Oakland Zoo  
Oakland-Berkeley University Ward,  
Church of Latter Day Saints  
OCP Group, Inc.  
Old Town Tequila Factory  
Pacific Regional Programming  
Partners  
Pajama Program  
Pala Casino Resort & Spa  
Party Bro  
Photography By Eduardo  
Pigtails & Crewcuts  
PRP Wine International  
Rancho Bernardo Inn  
Rancho Pacific Builders  
Riverbank United Methodist  
Church  
Rowley Portraiture  
Sammy's Woodfired Pizza & Grill  
San Diego Padres Foundation  
San Diego Repertory Theatre  
San Pasqual Winery  
San Ramon Valley United  
Methodist Church  
SeaWorld San Diego  
Spark The Heart Photography  
Subaru of America Foundation  
Suhr Risk Services  
The Escondido Charitable Fund  
The Fish Market  
The Marsh  
The Oshay Family Foundation  
The Thomas and Janice Berthold  
Charitable Foundation  
Ticket to Dream Foundation  
Tickets For Kids Charities  
Town Kryer LLC  
Toys for Tots  
TRUIST  
United Methodist Women  
United Methodist Women Downs  
UMC  
United Methodist Women -  
Los Altos  
United Methodist Women  
- Marysville  
United Way of Greater  
Los Angeles  
United Way of San Diego County  
Warner Springs Ranch Resort  
Wayside United Methodist Women  
WD-40 Foundation  
Wells Fargo Foundation  
Xmatters, inc.  
Yoga Tree  
YourCause

Please know we have worked hard to ensure the accuracy of this list which reflects donations made during our 2018 Fiscal Year of July 1, 2017 to June 30, 2018.  
If your name has been omitted or misspelled, please contact Director of Development Julie Henderson [juliehenderson@fredfinch.org](mailto:juliehenderson@fredfinch.org)

# CONSOLIDATED STATEMENT OF FINANCIAL POSITION

For Fiscal Year 2018 ending June 30, 2018

ASSETS	2018	2017
<b>Current assets</b>		
Cash and cash equivalents	2,465,534	2,221,826
Restricted cash	1,167,469	1,150,788
Accounts receivable, net	6,492,403	5,546,583
Related party accounts receivable	—	919,827
Prepaid expenses, deposits and other assets	747,117	440,775
<b>Total current assets</b>	<b>10,872,523</b>	<b>10,279,799</b>
<b>Noncurrent assets</b>		
Investments held in perpetual trust by bank	105,688	106,894
Beneficial interest in charitable remainder trusts	321,518	311,550
Marketable securities	1,493,659	1,812,997
Construction in progress	654,766	429,907
Property and equipment, net	9,509,635	9,627,638
<b>Total noncurrent assets</b>	<b>12,085,266</b>	<b>12,288,986</b>
<b>TOTAL ASSETS</b>	<b>22,957,789</b>	<b>22,568,785</b>

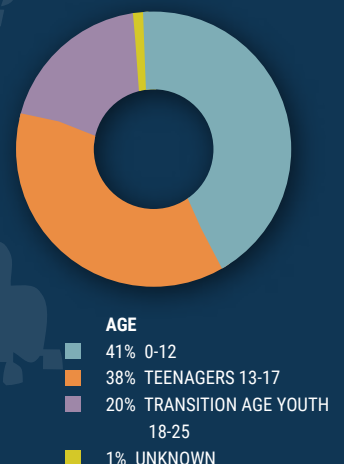
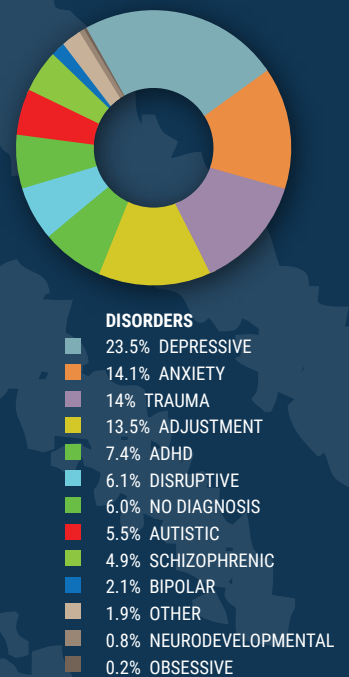
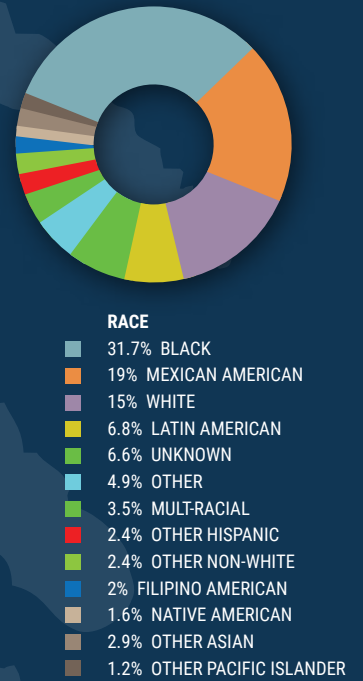
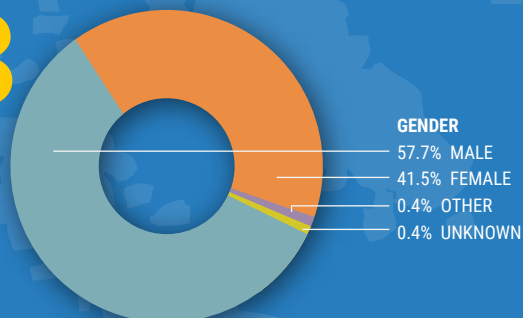
## LIABILITIES AND NET ASSETS

<b>Current liabilities</b>		
Line of credit	864,000	235,000
Accounts payable and accrued liabilities	3,124,582	2,716,571
Advances and overpayments	1,279,680	1,415,702
Due to related parties	114,921	—
<b>Total current liabilities</b>	<b>5,383,183</b>	<b>4,367,273</b>
<b>Noncurrent liabilities</b>		
Obligations assumed under King Street acquisition	689,300	697,125
Long-term debt, net	8,908,404	8,732,616
<b>Total noncurrent liabilities</b>	<b>9,597,704</b>	<b>9,429,741</b>
<b>TOTAL LIABILITIES</b>	<b>14,980,887</b>	<b>13,797,014</b>
<b>Net assets</b>		
Unrestricted	6,889,250	7,684,292
Temporarily restricted	786,127	784,748
Permanently restricted	301,525	302,731
<b>Total net assets</b>	<b>7,976,902</b>	<b>8,771,771</b>
<b>TOTAL LIABILITIES AND NET ASSETS</b>	<b>22,957,789</b>	<b>22,568,785</b>

<b>Expenses</b>	<b>2018</b>
Program Services	26,810,386
Support Services	6,057,619
<b>TOTAL</b>	<b>32,868,005</b>

<b>Revenues</b>	<b>2018</b>
Local Contracts	26,582,405
Federal Contracts	557,553
State Contracts	4,920,919
Contributions	381,156
Investment Income	137,668
Miscellaneous Income	538,452
<b>TOTAL</b>	<b>33,118,153</b>

**1,593**  
PEOPLE SERVED  
IN 2018



# LEADING THE WAY

Fred Finch Youth Center works with young people facing multiple challenges, including homelessness, economic disadvantage, mental health and cognitive disabilities, and histories of significant trauma and loss. Many have experienced abuse; live at or below the poverty line; are growing up in foster care, and are seeking to make their way in the world as independent, strong young adults. Despite their circumstances, these young people possess numerous strengths including tenacity, kindness, and the ability to strive for a brighter future. Committed to the notion that no one is without hope, no matter how desperate their circumstances may appear, Fred Finch staff helps each person we serve find and build upon their strengths so they may reach their potential and lead meaningful, fulfilling lives.

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**JULIE HENDERSON**  
Director of Development



Founded in 1891 as an orphanage in Oakland, California, today's Fred Finch Youth Center operates 24 programs in California including mental health, housing, education, and independent living services, providing a pathway to healing and self-sufficiency. Our 127-year history and strong track record have made Fred Finch Youth Center a recognized leader in the treatment of children and families.



## MAIN OFFICES

**Alameda** (Regional Office)  
3800 Coolidge Avenue  
Oakland, CA 94602  
(510) 482-2244

**San Diego** (Regional Office)  
10174 Old Grove Road  
Suite 100  
San Diego, CA 92131  
(619) 281-3706

**Contra Costa**  
2523 El Portal Drive  
Suite 201  
San Pablo, CA 94806  
(510) 439-3130

**San Mateo**  
126 West 25th Avenue  
Suite 200  
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